

# **East Rudham Village News**



WINTER 2021

## MEMBERS OF EAST RUDHAM PARISH COUNCIL

	01485 528 273
<b>Tony Elburn (Chairman)</b>	01485 529 086
<b>Malcolm Pearson (Vice Chairman)</b>	01485 528 356
<b>John Dawson</b>	01485 576 138
<b>Rosemary Weeks</b>	01485 528 243
<b>Susan Jones</b>	01485 528 921
<b>Rachel Wade</b>	07913 343 292
<b>Trevor Davis</b>	07703 464 409
<b>Jodie Bond(clerk)</b>	

Meetings of East Rudham Parish Council start at 7.15pm.  
We welcome members of the public at our Parish meetings  
The January meeting will be held on Tuesday 18th.  
The February meeting will be held on Tuesday 15th.  
The March meeting will be held on Tuesday 15th.

At the Rudhams Village Hall

**These dates may be subject to change  
please refer to our website for updates.**

The news letter is funded and produced by  
**East Rudham Parish Council**  
eastrudhampc@gmail.com  
www.eastrudhamparishcouncil.norfolkparishes.gov.uk

# News from the Parish Council...

We were very pleased to receive a commemorative plaque from the Lord Lieutenant of Norfolk Lady Dannatt's office, as a token of acknowledgement for the fantastic efforts of the community throughout the Covid-19 crisis. The plaque was presented to the Parish Council by Clare Whelan OBE on behalf of The Countess of Romney DL.

The plaque will be installed in a prominent position in the village within the next few months but in the meantime, a photo of the plaque can be seen on our website.

And speaking of our website....we have just launched a brand-new one

**[www.eastrudhampc.info](http://www.eastrudhampc.info)**

...please take a look, the site will continue to be updated with meeting dates, agendas and minutes plus copies of the parish newsletters and other information.

The play park refurbishment is now under way! The park will be temporarily closed, for people's own safety, while this work is carried out, which will be for approx. 6 months BUT...it will be worth the wait! ...Thank you for your patience.

The village sign post and base has now been restored and we are sure you will agree is looking great.

We welcome members of the public to attend Parish Council meetings.

*Jodie, Parish Clerk*

## **ROYAL BRITISH LEGION TOMMY STATUE**

Earlier this year the Council purchased a Tommy statue from the Royal British Legion and installed this alongside the village cenotaph.

Sadly in early November this statue was **STOLEN** by persons unknown.

The Council is very grateful to Shush Pearce an amateur artist who kindly donated one of twelve wooden statues he had made so that this could be installed prior to Remembrance Sunday.

## **SPEED SIGNS IN SCHOOL ROAD**

The Parish Council is applying for funding to install two 20mph speed signs in School Road. They would be in operation during the school day. The contractors have surveyed the sites and will put the proposals to Norfolk County Council Highways department on our behalf to be considered for a grant of fifty percent of the total cost. The rest of the money will be paid by the Parish Council which will include a donation from our County Councillor who has a fund to distribute throughout the area that he represents..

Should we receive the grant from the County Council we hope to have the speed signs installed next Spring.

## **DEFIBRILLATOR ACTIVATION**

### **STEPS TO TAKE IN BRIEF**

- 1/ Call 999 - ask for ambulance - BT operators do not know the location of defibrillators.**
  - 2/ Answer any questions they ask you - Is patient breathing? Is patient conscious?**
  - 3/ Start CPR - Compressions only.**
  - 4/ Fetch defibrillator if asked to do so - Locked cabinet code will be given by ambulance control.**
  - 5/ Return defibrillator to cabinet after rescue - Data needs to be downloaded and defibrillator recommissioned.**
- If necessary in East Rudham the access code can be obtained from The Crown or Jane's Coffee Corner.**

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# The Able Stables

Accessible holiday accommodation

## *The Able Stables*

*In April we opened the Able Stables and we have had a very busy and rewarding season.*

*The project welcomed over 30 families and couples between April and October. We also held a really enjoyable Jazz evening and very well attended art exhibition, all helping to raise much needed funds as well as the profile of the social enterprise.*

*As a result of all of this hard work we have had a great many applications for the subsidised stays and we are looking forward to a busy 2022.*

*Thank you to Rachel Wade, Malcolm and Maria Pearson and Malcolm Duffy for all their support and hand holding! Please do check out the Norfolk Hideaways/Able Stables website to find out more about what we are up to and if anyone would like to know more or use the stable space for other events, parties or promotions email me at [lucinda.foxrudham@gmail.com](mailto:lucinda.foxrudham@gmail.com).*

## **Norfolk Strategic Flood Alliance Formally Adopts Strategy**

The Norfolk Strategic Flooding Alliance (NSFA) has formally adopted an overall Strategy, designed to enable county wide responses to flooding across all agencies involved.

The Strategy, which lays out the NSFA's vision, objectives, approach and structure, is a major milestone in the development of the Alliance, which was founded earlier this year to bring together all agencies and partners involved in planning for and responding to flooding in Norfolk.

The Strategy's formal adoption comes on the day of the NSFA's first joint exercise, Exercise TEMPESTAS, which examined in depth how the NSFA's members will work together in the face of a major flooding incident, from the initial Met Office Flood Warning through to the Recovery phase. The exercise allowed Alliance Members to assess their readiness for flooding and to identify any weaknesses to be addressed or opportunities that could be taken to ensure all members are ready to work closely in the event of flooding this winter. The Alliance's Strategy is also accompanied by an Action Plan that identifies what steps the NSFA and its members are taking to address the risk of flooding. This includes work on individual sites across Norfolk, looking at working out costed solutions to address flood risk on each site and identify potential funding for each one: this work is already underway on an initial selection of sixteen flood sites in Norfolk, with a second tranche of sites being considered.

Over recent weeks all of the members of the NSFA have ratified the Strategy, setting the Alliance on firm footing as it moves into its first autumn and winter. The focus of the NSFA is to drive collective ownership of flood risks and work collaboratively to minimise the impacts.

General Lord Richard Dannatt, Chair of the NSFA, said: "This Strategy shows the hard work that's gone into the NSFA's mission since it was founded earlier this year: as we move into the Alliance's first winter, it puts us in a strong position to continue pushing for the investment and the joined up thinking needed to tackle flood risk in our county. Our first exercise, TEMPESTAS, has put that joined up thinking to the test, and will help us identify how we can be better prepared and what new opportunities for partnership working the Alliance has given us.

But local preparedness and planning is only part of what's needed: we will also be making the case to the government that the Planning system needs to recognise the importance of ensuring that development does not exacerbate the risk of flooding, either to existing residents and businesses or new ones. Addressing flooding and flood risk is something that needs coherent action from the parish level right up to the government.”

The Strategy sets out the NSFA's vision, to coordinate the actions of all parties involved in flood response, from the statutory authorities, through to commercial companies, land owners and local communities. The aim is to ensure the people of Norfolk have confidence that flood risks are as low as reasonably practicable and will be well managed.

To achieve this, the Strategy also provides a clear approach and structure for the Alliance, to allow all its members to work together confidently and coherently both to address flood risk and to respond to flooding itself.

Peter Simpson, CEO of Anglian Water said, “The Norfolk Strategic Flooding Alliance has done a fantastic job bringing together all agencies across Norfolk who have the responsibility to tackle flooding. The strategy shows how vital collaborative working is to address the growing challenges we face from a changing climate. Flooding is a complex issue, and only by coming together can we work collectively to identify the most suitable investment opportunities to mitigate future risk.

We know the East of England will be affected by climate change more keenly than anywhere else in the UK, which is why we've made a commitment to building a resilient water and waste water network fit for the future. As part of the NSFA, we'll continue to work with others to ensure the best outcome for local communities across Norfolk.”

The adoption of the strategy comes a month after Norfolk County Council's Cabinet agreed the allocation of a £1.5m flood reserve fund, including funding for several aspects of the NSFA's work.

As autumn sets in, the single phone number set up by the NSFA to give Norfolk residents one point of contact to report flooding is expected to see increased use. The number is available for anyone wishing to report flooding anywhere in the county: they can simply call 0344 800 8013.

**IN THE EVENT OF FLOODING**

**0344 800 8013**

**Norfolk's new one stop number  
for flooding in our county**

**or visit**

**[www.norfolk.gov.uk/flooding](http://www.norfolk.gov.uk/flooding)**

**If you are in immediate danger call 999**

**PUBLICISE YOUR SOCIETY OR EVENT**

**We welcome contributions from villagers, local groups and societies for  
printing in the**

**East Rudham Parish Newsletter.**

**Please send to [ernews@outlook.com](mailto:ernews@outlook.com)**

**by February 15th 2022**

**For inclusion in the Winter edition, delivered to every  
household and also published on our website**

**Advertisements are also very welcome,**

**½ page at £6/issue, full page at £12/issue.**



# SIMON WADE

## Electrical Engineering Services

01485 528364 - 07876 508860

simon@sw-ees.co.uk

We are a local NICEIC Approved Contractor who provide electrical installations and maintenance services to Commercial and Agricultural premises  
Based in West Rudham, we are ideally located to service our local area

### **Our services include:**

3 Phase power systems

Machinery and plant connections

Lighting upgrades and installations

Security and car park lighting

CCTV

Generators

Motors and controls

Pumps and Valves

Design and specifications

New and refurbishment works

Inspection and Testing

45 GRANGE COTTAGES - THE GRANGE - WEST RUDHAM - NORFOLK - PE318SY



*We understand pets  
are part of the family*

- Professional personal care for your much loved pet is our pride
- Full modern diagnostic facilities on site
- 24 hour emergency service



**ANCHORAGE BARN  
VETERINARY CLINIC**

☎ 01485 528 221

📍 Fakenham Rd, East Rudham,  
King's Lynn, Norfolk, PE31 6TA

✉ reception@anchoragebarnvets.co.uk

🌐 www.anchoragebarnvets.co.uk



## **NW Garden Services**

***Garden, Landscape and Property Services***

***Neil Williamson***

***Free Estimates***

***NPTC Qualified Chainsaw Operator***

***Public Liability Insured***

***Waste Carrier Licence***

**01328 701137**

**07900 241 336**

**nwgardenservices@gmail.com**



## **SCHOOL REPORT NOVEMBER 2021**

We have had an enjoyable return to school; the children came back with enthusiasm and eager to learn. We also welcomed 2 new teachers - Mr Chapman and Mr Parr, both teaching in Key Stage 2.

All the children have been out on educational visits. Our younger children all visited Brisley along with Weasenham (one of our Federated schools) for a Great Fire of London workshop. Our Year 2/3 class visited Pensthorpe, our Year 4 children joined Brisley for a Pilgrimage day at Walsingham and our oldest children joined with Brisley and Weasenham for a World War 2 day at Gressenhall. It has been so good to be able to get the children out again and mixing as a Federation.

On 17th November there will be a Tag Rugby match between Brisley and Rudham, we hope that this is the first of many events such as this.

Our plans for Christmas are yet to be confirmed, we will update our website with details once we know what is planned to take place.

We are looking forward to joining in the village celebrations for the Queen's Jubilee.

We are still looking for someone from the community to join our Governing Body; if you think that this is something you might be interested in, please contact the school office on 01485 528230 or email [office@rudham-primary.norfolk.sch.uk](mailto:office@rudham-primary.norfolk.sch.uk)

Please visit our Federation website where you will be able to find out about our school vision, see photos of some of the work and activities the children have been up to and also read our monthly newsletter. The address is [www.hopefederation.org.uk](http://www.hopefederation.org.uk) You will also be able to find out more about our Federated schools.

Belinda Allen

Executive Headteacher

Hope Federation of Church of England Primary Academy

# **Jane and Rachel Welcome You To JANE'S COFFEE CORNER**



*Jane's Coffee Corner open Tuesday - Sat. 10.00am - 2pm*

## **“PIZZA CORNER”**

*Pizza Corner open Fri 4.00pm-6.00pm  
Group bookings taken outside these times  
with advance notice*

*For both bookings and enquiries  
please call 01485 528 921  
email [janescoffeecorner@gmail.com](mailto:janescoffeecorner@gmail.com)  
follow our facebook pages for up to date  
menu's and events*

*We will be closed for Christmas from 18th December  
and reopen on January 4th*

*We wish all of our customers a Very Merry Christmas  
and a Happy New Year  
Thanks for all your support*

*For groups and organisations we have a meeting room.  
We also have a Pop up shop space available to hire on  
an Hourly/ Daily/ Weekly basis*

*Pizzas Available For Take Away. Home Delivery Available*

# MUGA REPORT NOVEMBER 2021



## *Mulled Wine & Mince Pies*

*We hope to reintroduce this popular pre-Christmas event on  
Wednesday 15th December, 6.30 to 8pm  
at Sue & Tony Dessent's home: Wensum House  
(corner of Broomsthorpe Rd. with Station Rd.)*

*Please note. If you are unsure about being inside, there will be room for you in  
the covered courtyard area where a warming and toasty fire will be lit to keep  
you feeling festive, along with the mulled wine and minced pies of course.*

*Donations of cheap red wine very welcome*

*Adults: £3, Children: £1.50.*



*All are very welcome so...*

*Come and join us for some Christmas Cheer*

*May we take this opportunity to wish everyone season's greetings and  
to look forward to a peaceful and safe 2022.*

*You can join the MUGA by contacting Dawn Collins, Membership  
Secretary on [collinsdawn75@gmail.com](mailto:collinsdawn75@gmail.com) or 07879844501 for further details.*

*Single membership is only £7 for the year, family membership is £20.*

*There are competitive rates for clubs and coaches  
so please ask if you are interested.*

## QUEEN VICTORIA 1836-1901

Next Summer sees the Platinum Jubilee of our Queen's reign and plans are in hand for events to celebrate the occasion in East Rudham.

However the Rudhams have a historic record that would be hard to match. For Queen Victoria's Golden Jubilee in 1887 the two villages came together to hold a seated outdoor feast with roast beef for all and plenty of beer for the men.

This was followed by sporting events and ended with the local militia men firing a volley from the top of the church tower.

As a permanent memorial an oak tree was planted in the grounds of East Rudham Church where it still stands today, a beautiful large tree.

Ten years later in 1897 a subscription was raised in order to buy and install the church clock to commemorate her Diamond Jubilee, which we still hear nearly every day.

If you have ever wondered why the clock is sometimes silent in the Spring it is because a family of jackdaws have decided that the spaces behind the dials make an ideal nesting site and obstruct the workings with large twigs.

It has quite an unusual mechanism for a village clock as it has dials on all four faces of the tower, not just the one. As the property of the Parish rather than the Church the maintenance of the clock is a Parish Council responsibility.

It falls to one of our councillors to climb the stairs and ladders to wind it up and adjust it each week!

In 1997 the present Queen's Golden Wedding Anniversary was commemorated by surrounding the oak tree with a circular bench. So you may sit on the bench, admire the tree, know what time it is and think of the remarkable lengths of these two monarch's reigns.

Do go and admire these three tributes.



# APPRENTICESHIPS

Norfolk County Council has supported small to medium-sized businesses by launching its Insight Apprentice Programme at the B2B Exhibition, organised by the Norfolk Chamber of Commerce. The team was at the launch at Norfolk Showground on October 18th.

Insight Apprentice is a project part-funded by the European Social Fund which supports Norfolk's businesses, with fewer than 250 employees, to realise the full benefits of apprenticeships.

Companies that invest in apprenticeship programmes report many other benefits including reduced recruitment costs, higher staff loyalty, enhanced job satisfaction, improved knowledge and skills as well as achievement of corporate social responsibility outcomes.

86% of employers say apprenticeships help them develop skills relevant to their organisation.

The Team will be based countywide, working with key partners at the College of West Anglia, East Coast College, Poultec, City College Norwich and the Norfolk Chambers of Commerce. The project has also linked with Steadfast Training to provide expert learning and development to businesses and their future apprentices.

Insight Apprentice offers a bespoke package for employers providing help with setting up an apprenticeships scheme, access to funding and grants and ongoing support.

Find out more by emailing Insight at: [insightapprentice@norfolk.gov.uk](mailto:insightapprentice@norfolk.gov.uk)

## **QE2 HOSPITAL PETITION UPDATE**

Our Health Infrastructure Plan sets out our approach to improving hospitals and health infrastructure to ensure our healthcare system and staff have the world-class facilities needed for the future.

These commitments will result in outdated infrastructure being replaced by facilities for both staff and patients that are the cutting edge of modern technology, innovation and sustainability, driving excellence in patient care. Currently, the national programme comprises 8 pre-existing schemes and 40 new hospitals, totalling 48 hospitals. In October 2020, the government named 32 hospitals which will form part of the 40 new hospitals and is now calling for NHS trusts to submit their expressions of interest to be one of the next 8. Expressions of interest were invited from all NHS trusts in England who would like their plans to be considered for prioritisation of funding for a new hospital, including from Queen Elizabeth Hospital, King's Lynn. The submission deadline has now passed and we aim to announce the successful schemes in spring 2022, following a thorough selection process.

The selection process will prioritise plans for:

Services which transform joined up care for people and provide an effective and safer working environment for NHS staff, in line with the ambitions of the NHS Long Term Plan;

Fair allocations of investment to level up across regions and provide value for money; and stronger and greener NHS buildings that make the most of modern methods of construction to support sustainable, greener and efficient design. All the new hospitals will benefit from being part of the Government's nationally led programme under the Health Infrastructure Plan, ensuring the programme delivers value for money for use of the limited national public funding envelope available.

Experience will be shared across the schemes in the programme so they can be built as quickly as possible while prioritising standardisation, digital technology, sustainability and modern methods of construction.

This selection process will also inform the ongoing pipeline of investment through this programme, subject to future funding settlements. It would not be appropriate to prioritise King's Lynn, QEH, or any other hospital without that formal process or prematurely pre-judging it at this stage.

More broadly, £110 million was secured for 2021/22 to directly address issues relating to the use of reinforced autoclaved aerated concrete (RAAC), on top of



providing £4.2 billion to the NHS for trusts to support local priorities including to maintain and refurbish their premises. To help address the immediate issues at the Queen Elizabeth Hospital estate, more than £20 million has been provided this year and the Trust has also received £750,000 to prioritise and tackle its most urgent maintenance backlog.

Department of Health and Social Care

## **HELLO FROM DOGS TRUST**

Your local Dogs Trust branch at Snetterton would like to briefly make you aware of a few services that we provide free of charge.

The first, our Canine Care Card scheme, is a free service for dog-owners whereby, in the event of their death or illness, we will look after their dog, providing them with all the care they need until we can find a responsible, loving new home for them. This is often a great concern to the elderly, as their dog may be their only friend and companion. Dogs Trust can give them peace of mind, knowing that their canine companions future is safe, should the worst happen to them. Every year, we care for more than 14,000 dogs at our nationwide network of rehoming centres and we never put down a healthy dog.

Secondly I wanted to make you aware that we provide free talks to local community groups. I cover the whole of the East Anglia region, to talk about the varied work of Dogs Trust, where we come from and where we hope to be in the future. There are no speaker fees or travelling expenses so please let me know if you believe that your local club would be interested.



If anyone has any further queries, or would be interested in booking in a talk, please contact me by emailing [emily.matthews@dogstrust.org.uk](mailto:emily.matthews@dogstrust.org.uk) or phone 01953 497912

## **FOOD ALLERGIES**

People with food allergies will benefit as a new allergen labelling law comes into force.

The Borough Council is welcoming in the new allergen labelling law which will provide extra protection for people in King's Lynn & West Norfolk with a food allergy, intolerance or coeliac disease. The changes mean that from 1 October, these people will be able to make safer choices about the food they buy. The changes, also known as Natasha's Law, requires businesses to label all food known as prepacked for direct sale. The labelling will require the name of the food and a full list of ingredients, with any of the 14 Allergens emphasised in the list.

The allergen law was introduced following the death of Natasha Ednan-Laperouse, who died after eating a pre-packaged baguette which at the time did not require ingredients labelling.

Emily Miles, Food Standards Agency Chief Executive, said: "This new allergen law is a huge step in helping to improve the quality of life for around 2 million people living with food allergies in the UK.

"If these changes drive down the number of hospital admissions caused by food allergies, which has tripled over the last thirty years, and prevent further tragic deaths such as Natasha's, that can only be a positive thing.

"I understand how difficult the past 18 months have been for food businesses, and I am grateful for the effort that so many have made to prepare for the changes."

The type of food which will now need full labelling includes 'grab and go' foods that are prepacked such as sandwiches, salads and fast food. The food must have been packaged on the same site that it is sold from, before a customer selects or orders it.

The FSA has been supporting businesses to prepare for the changes for over a year, with tools to help them understand which products are covered by the new rules, labelling guidance and sector-specific advice available on the Food Standards Agency Website.

Cllr Paul Kunes, Cabinet member for Environment at the borough council, said: "Our environmental health officers will be responsible for enforcing this new law, and we will aim to work with food businesses in these early stages to ensure they fully understand the allergen labelling changes and are compliant in delivering them."

The FSA is also encouraging consumers to make their allergies known to food business staff. This message was highlighted in our #SpeakUpForAllergies

campaign earlier this year which encouraged young people to always speak about their allergies when ordering food, whether from a restaurant or take away. More details and a list of top tips for safely buying takeaway food is available on the FSA website.

**The 14 allergens emphasised are:-**

**Celery**

**Cereals containing gluten** Wheat, Barley, Rye, Spelt etc

**Crustaceans** Shellfish including crab, prawns and lobster

**Eggs**

**Fish**

**Lupin**

**Milk** and dairy products, butter, cheese etc.

**Molluscs** including mussels, snails, squid and oyster sauce

**Mustard**

**Nuts**

**Peanuts**

**Sesame seeds** These seeds can often be found in bread and can be found in salads.

**Soya**

**Sulphur Dioxide** If you have asthma, you have a higher risk of developing a reaction to sulphur dioxide, Can be found in dried fruit, wine, meat products, soft drinks and vegetables.

**For more information,**

visit: [food.gov.uk/allergy](http://food.gov.uk/allergy) or [nhs.uk/conditions/allergies](http://nhs.uk/conditions/allergies)

**MOBILE POST OFFICE OPENING TIMES**

MONDAY 9.20am - 10.20am

TUESDAY 9.20am - 10.20am

WEDNESDAY 15.10pm - 16.10pm

THURSDAY 9.20am - 10.20am

FRIDAY 10.20am - 11.20am

The Mobile Post Office is parked in the car park next to the village green  
PLEASE MAKE SURE THAT THE SPACE IS ALWAYS KEPT FREE

## **TACKLING HOMELESSNESS IN KINGS LYNN**

### **Partnership working reduces number of homeless people in borough**

Homelessness in King's Lynn and West Norfolk has significantly reduced thanks to pioneering partnership working. In a new report to be published by the Borough Council of King's Lynn and West Norfolk, it is revealed that from March 2020-April 2021, 118 people were prevented from rough sleeping. Also, if anyone is on the streets, help can now be offered immediately. The finding comes as the Borough Council of King's Lynn and West Norfolk publishes a report highlighting the progress of the first year of its Homelessness and Rough Sleeper Strategy 2019-24. The report covers the extensive work carried out by the council and its partners during the pandemic which included concerted efforts to relocate residents from the night shelter to allow for social distancing at the beginning of the pandemic. In addition, a vacant hostel was used to create ten beds, and the South Lynn Community Centre was adapted to cater for eight people.

The government's 'Everyone In' programme, launched at the start of pandemic, enabled extra funding to be allocated to a variety of initiatives, from procuring temporary homes to securing hotel places.

Further support extended to daily welfare checks, food provided by Purfleet Trust and Alive Leisure catering staff, and packs for people that included sanitisers and masks. In addition, working with Freebridge Community Housing and Broadland Housing Group, properties were secured as temporary homes, and welfare cabins were also made available which proved to be invaluable in providing safe, secure shelter for those who would otherwise be rough sleeping.

There are many factors that can result in someone ending up on the streets where they will be vulnerable to huge challenges such as hunger, the risk of violence, and the cold which is even more of a concern as we enter the winter months. At the start of the pandemic, there was also the added danger posed by Covid-19. The work to eradicate homelessness in the borough continues. The council, working with Broadland Housing Association has secured funding to provide 23 new one-bedroom flats with support at various locations in King's Lynn. Six of these new flats come with a high level of support for those most in need, under a 'housing first' model.

The council is working closely with its partners to find long-term solutions to help ensure people who have been given accommodation do not find themselves rough sleeping in the future.

Because of the extra support offered during that time, many of the individuals who were offered temporary accommodation have gone on to find their permanent home with Freebridge.

Broadland is a founder member of the Homes for Cathy alliance, which aims to prevent and tackle homelessness: it's part of the organisational purpose. The homes they've been able to purchase and refurbish, and the support that they can provide through joint funding bids are a really tangible measure of good partnership working in King's Lynn and West Norfolk.

Purfleet Trust said: "We are committed to providing the essential support needed to ensure that people experiencing homelessness have access to vital services that can improve health and well-being and build the skills and confidence needed to sustain their tenancy. With vital funding from the council, our Housing Related Support team are currently supporting 40 people; many with complex needs who are moving towards living independently but need additional support to achieve their personal goals. Without this support we know that a significant number of people would feel unable to manage their tenancy with a real risk of becoming homeless again and possibly returning to the streets; we are all working together to prevent this from happening."

A council spokesman added: "It's an absolute priority for us to help people who find themselves homeless in our borough. We will continue to work with our partners to provide a whole range of support and services that will make a difference to those individuals who sadly are without a roof over their heads."

To view the council's Homeless and Rough Sleeping Strategy 2019-2024 visit [west-norfolk.gov.uk](http://west-norfolk.gov.uk) and type it in search engine.

Nowhere to stay? If anyone is worried that they have nowhere to stay tonight, please contact the council as soon as possible. The sooner they know, the more likely it is they'll be able to see you and provide advice or support. Phone: 01553 616200 email: [housingoptions@west-norfolk.gov.uk](mailto:housingoptions@west-norfolk.gov.uk) Out of hours. If you need help when the council office is closed call the emergency out of hours number on 01553 616601

Concerned about someone sleeping rough If anyone is concerned for someone sleeping rough, or is sleeping rough themselves: call Streetlink on 0300 500 0914, or visit [www.streetlink.org.uk](http://www.streetlink.org.uk)

## **Scam Alert**

## **WhatsApp ‘family member’ scam messages**

We are warning residents to be aware of WhatsApp messages where scammers attempt to impersonate family members to steal money.

A Norfolk resident contacted BBC Radio Norfolk after receiving a WhatsApp message which said ‘Hello Mum. Just changed my number so you can contact me from here now so you can save it and delete my old number’.

Believing it to be her daughter the resident changed the number in her phone. The following day the resident then received further messages via WhatsApp saying that due to having the new phone she couldn’t access her bank account and needed to pay an invoice for £1,500.

At this point the resident became more suspicious and contacted her daughter via her original number to find out her daughter knew nothing about this and hadn’t changed her phone number.

Our advice if you receive a message like this is always be suspicious, especially if a request for money is involved, and try and contact the person who the message claims to be from via another known number or method.

## **We are warning residents to be on their guard after receiving reports of cold callers offering to lay gravel on driveways in the King’s Lynn area.**

In the incident a resident was cold called at their property by a male offering gravel. An initial cost was quoted, which was agreed by the resident, but after the gravel was laid an invoice was given for a much higher fee.

We advise:

Never deal with cold callers looking to do work on or around your property  
Never agree to have work done by somebody who is ‘just passing’ or take their word that it needs to be done at all. Never allow a cold caller access to your home, roof or gardens even if they are offering to do tasks for free or a small fee . Never pay for work before it is completed When looking to have work done on or around your property only deal with reputable companies you have researched and chosen yourself and have obtained a written quotation from before starting the work

It is possible these doorstep cold callers could move on to other areas around Norfolk.

Anyone sighting these cold callers in Norfolk please contact us through our partners the Citizens Advice consumer helpline on 0808 223 1133 or Norfolk Constabulary via 101.

If you feel intimidated or sight these cold callers and are concerned for vulnerable neighbours call 999.

## CURRENT SCAMS

East Rudham Parish Council receive regular information from Norfolk Police about Scams and Criminals active in our area. To enable this to be passed on to those living in our village, the information has been put on the parish council website. This is updated regularly as new information is received. For more urgent situations, there is a Stop Press section

**[www.eastrudhamparishcouncil.norfolkparishes.gov.uk](http://www.eastrudhamparishcouncil.norfolkparishes.gov.uk)**

Please have a look

## SOME OF THE RECENT SCAM ALERTS

We are reminding residents to continue to be Scam Aware.

Action Fraud have put together a list of scams of which we should all be aware.

These include:-

Fake Cold Calling by telephone regarding:-

FIFA World Cup Tickets.

Compensation due on solar panels

Loft insulation

Updating BT mailbox

For more information on these scams, and advice should you receive one, can be found on the Action Fraud website or by calling 0300 123 2040

The Friends Against Scams partnership have also created a fact sheet to help raise awareness on corona virus scams. Friends Against Scams help to protect and prevent people from becoming victims of scams. The fact sheet as well as information about becoming a Friend Against Scams and the free online awareness training available can be found on the Friends Against Scams website .

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**Do not ever give out**

*Passwords*

*Pin numbers*

*Bank details*

*Personal details*

***Do not let anyone unknown into the house***

***Do not leave a stranger unattended in the house***

## USEFUL TELEPHONE NUMBERS

<i>Title</i>	<i>Name</i>	<i>Number</i>
Badminton	Tony Dessant	01485 528 514
Community Car Scheme		01485 520 823
Fakenham Surgery		01328 863 241
James Wild MP		james.wild.mp@parliament.uk
Horticultural Soc.	Trevor Williamson	01485 528 302
Litter/fly tipping hotline		0800 2532687
Massingham Surgery		01485 520 521
Docking Surgery		01485 521 135
MUGA	Maggie Pattison	01485 528 842
POLICE		101
Oil Buying Scheme	Susan Jones	01485 528 243
Rudham Primary School		01485 528 230
Speed Watch	Elena Anastasi	Elena731a@gmail.com
Village hall bookings	Julie Rouse	01485 528 376